



Shamrock Spares List 2023-24



Name	E-mail	Leagues/Days of the Week Available	Phone	Notes
Mallory Seright	mallabou85@gmail.com	Any day except Wednesday		
Dawn Woronuk	dawnashell12@gmail.com	Monday, Tuesday or Wednesday	250-512-1374	Plays 2nd or 3rd
Diamond Wilson	Diamond_dakota@hotmail.com	Tuesday, Wednesday or Thursday		
Cathy Campbell	Cathy.Campbell@sunlife.com		587-337-6804	Text or call preferred
Warren Young	wyoung1@telus.net	Friday Mixed League	780-717-9387	Text or call preferred
Diana Hrankowski	bhrankow@telus.net	MFL, Tues AM or PM, Thursday Ladies, FFL, SFL	780-990-4107	
Amanda Tse	tse.amanda@gmail.com	Wednesday, Thursday or Sunday	780-237-7210	
Amy Congdon	amycongdon@gmail.com	Wednesday or Friday evenings	780-951-2692	
Logan Sibley	lsibley@ualberta.ca	Wednesday or Friday evenings	780-918-5371	
Valerie Siska	valerie.siska@gmail.com	Tuesday, Wednesday and Thursday evenings	587-986-2060	
Gordon Armstrong	gordonarmstrong@shaw.ca	Any day except Wednesday	780-920-5032	
Silvia Sorenson	msilvia@ualberta.ca	Not specified		
David Sorenson	davidsilvia2017@gmail.com	Not specified		
Peter Kenney	peter.wikstrom80@gmail.com	Any day of the week		
Larry Zelazo	larry.zelazo@gmail.com	All evenings except Wednesday; Monday, Wednesday, Friday mornings		
Jerry Grant		Wednesday Mornings	780-461-0190	
Grace Shewchuk		Wednesday Mornings	780-461-0190	
Treena Gish	treena.gish@gmail.com	Tuesday - Friday Evenings and weekends	587-778-1439	
Stacey Bunker	bunkerstacey@gmail.com	Tuesday or Wednesday Evening; Stacey and her husband available	780-717-9452	Phone or email
Tom Worth	tworth@ualberta.ca	Tuesday, Wednesday or Friday evenings (plays all positions)	416-873-7013	Email preferred
Nicola Michaud	nicolal@ualberta.ca	Weekday evenings, Friday daytime and weekends	780-266-0041	Text preferred
Jacques Beaupré	Jacquesbeaupr@yahoo.ca	Wednesday Open or Thursday Mens, any position		
Jerry Grant		Any league	780-461-0190	Wife (Grace) also plays
Melissa	argionmeli@gmail.com			
Wayne Dean	wkdean1@telus.net	Monday, Tuesday or Friday Fun Leagues; Wednesday Oilmens		
Brandon Siwel	brandonsiwel@gmail.com			
Nicola Michaud		Ladies or Mixed Leagues, Friday or Saturday	780-266-0041	Phone or text preferred
Brent Hawking	brent@brenthawk.com	NOT Mondays		
Ryan Patterson	rjpatterson25@hotmail.com	Fridays	780-781-3547	Phone or text
John Karagoulis	john.karagoulis@outlook.com	Mondays and Fridays	780-203-1881	Text is preferred
Lisa Branter	lisabranter@gmail.com	Monday to Friday evenings	780-245-5472	Text is preferred
Rick Pearson		Monday AM, MFL I, Tuesday, Wednesday, Friday AM	780-915-2295	Call or text
Melanie Worth	mswnewby@gmail.com	Monday or Tuesday evenings		
Rick Duncan		Saturday afternoons	780-910-8111	
Adriana Recknagle	adriana.dilabio@gmail.com	Saturday afternoons		
Seth Recknagle	sethreck90@gmail.com	Saturday afternoons		
Alice Berard	alberard53@gmail.com	Friday Fun League	825-461-0053	Call or text preferred
Adam Fizer	adam.b.fizer@gmail.com	MFLI or Thursday Mens		
Sharla Ozeroff	sharlao@gmail.com	Morning Leagues		