



Information Sheet for 2020-21

Please find below a condensed version of our “Return to Play Guidelines” for the 2020-21 season. For a more detailed account of any of these points please visit our [COVID Response Resources page on our website](#). There you will find a number of resources including an [on-ice distancing diagram](#), a [demonstration video](#), and guidance for the [use of a mask while curling](#). If you have any questions or concerns please do not hesitate to contact Chris at chris@shamrockcurling.ca

1. Stay Home If Unwell: If you are feeling unwell OR have been exposed to someone who has tested COVID positive, then please do not come to the Shamrock.

2. Waiver: All players and subs must submit a completed waiver and declaration of compliance form. This form can be found on [our website](#). Hard-copies of the form will be available by the main office door if you are unable to complete the waiver online. This form only needs to be completed once for the season.

3. Masks:

(a) Warm-Side: On the “warm-side” of the glass, masks are **required** throughout the facility with the exception of when you are safely-seated in our Lounge.

(b) When curling: During play on the “cold-side” of the glass, we are **strongly requesting** that curlers endeavor to wear their masks as most often and as safely as they can. We understand that not everybody can safely wear a mask while exercising. Masks can and should be safely removed when need be (e.g., before and while sweeping, when drinking water, when catching one’s breath, when replacing a wet mask, etc.). We simply ask that if/when masks are safely removed that curlers please: (i) refrain from shouting and (ii) strictly obey safe on-ice distancing measures. For more information on mask-wear while curling please consult this [guidance document](#).

4. Arrive in your “ready-to-curl” wear: At this time, locker rooms/change rooms are not available. Please come dressed in your “ready-to-curl” wear.

5. Removal of outdoor footwear: Outdoor footwear should be removed when entering the building. Chairs are available for changing into your shoes, and cubbies are available for storing your belongings.

6. Bring your own filled water bottle: There are no water coolers available. Touchless filling stations are on order but have not yet arrived. Please bring your own, filled water bottle.

7. Staggered start-times: To help minimize congestion, many of our leagues have staggered start times this season. Please consult our [website](#) to confirm your league’s schedule and start times.

8. Loaner equipment: Sanitized loaner brooms will be available, but we will not be loaning out sliders, grippers or stabilizers this season. Many of these items will be for sale in our pro-shop.

9. Entering / exiting the ice surface: If you are playing on sheets #1 – 4 then please use the door closest to sheet #1. If you are playing on sheets #5 – 8, then please use the door closest to sheet #8.

10. Sanitizing handles: Prior to each game, one designated player from each team should be responsible for sanitizing their team’s stone handles. Sanitizing spray and paper towel will be available at each sheet.

11. Stone handle touching: The only stones that players should touch with their hands are the designated stones that they will be delivering. When moving other player’s stones, curlers should use their foot and/or broom on the sides of the stones. Please avoid touching the handles of stones as much as possible.

12. Scorekeeping: The Shamrock’s scoreboards have been converted into dry erase surfaces. Only one player on the sheet should be the designated scorekeeper for the game. A dry erase marker is available at each sheet, however, if you would feel more comfortable you can bring your own marker.

13. Putting stones away at the conclusion of an end: At the conclusion of an end the team who will be delivering next is the team who is responsible for putting the stones away. The team with hammer should therefore vacate the space for the delivering team.

14. Cleaning the bottom of your stone: If you are a curler who cleans the bottom of your stone before delivering, you should avoid using your bare hands. It is recommended that you use your broom instead.

15. Single Sweeper Rule: Curling Canada instituted a new [“Single Sweeper” rule](#) for this season. The Single-Sweeper Rule means that:

- Only one sweeper maximum is permitted to sweep a given stone
- No “relaying” (no sweeper taking over for another sweeper at any time)
- No sweeping an opponent’s stone at any time (even after it passes the T-Line)
- No one aside from the dedicated sweeper for a given shot can sweep any stone (including ticks and bumps and raises, etc.)
- All of this means that skips do not sweep this season

15. On-Ice Distancing: This [diagram](#) shows the on-ice distancing measures at the Shamrock. The basic idea is “if it is not your shot then find a dot.” This [demonstration video](#) demonstrates how both on-ice distancing and the single-sweeper rule works in action.

Thank you to everyone for your compliance, understanding, and best efforts as we all work together to ensure a safe and healthy curling season.